



## ANNUAL REPORT

2016

Shanta Memorial Rehabilitation Centre, Bhubaneswar

## Annual Report

I Welcome you all to the 31st Annual General Board Meeting of Shanta Memorial Rehabilitation Centre.

We have completed 31 years of service working globally through a large network of local, national and international organizations and government and UN bodies. The work was started with the initiative of Shri Ashok Hans in 1985, who brought forward this Centre, unfortunately he is not among us today, but as he said himself we have to move forward. We have to do this keeping in mind his vision on the rights based work to be carried out with and for persons with disabilities. His vision is continuing with your help.



You will be happy that your organization has been continuing with the Special Consultative Status with the United Nations Economic and Social Council from 2011. We are also Accredited to UN ADHOC Committee on Disability (ENABLE) & Associated Member Rehabilitation International. This year Prof Asha Hans was chosen to be represented in the Global Task Force on Conflict and Disaster.

I am pleased to put before you the Annual Report of 2015-2016 for your consideration.

### **Spinal Cord Injury: Transit Home**

The Transit Home over the year met its target of providing services to a number of persons and allied activities related to :

- Identification & Rehabilitate
- ADL
- Carer Training
- Sports & cultural
- Rural Camps & Community awareness
- Medical professional awareness
- Modification of home, work place, assistive devices etc. & Livelihood packages

During the period we have rehabilitated 335 severely disabled in our transit home.



Among these 70 took use of the indoor facilities and they were from different districts from Odisha and also from the neighboring states. They needed to stay for 2 – 3 months for

comprehensive rehabilitation which included Physiotherapy, ADL training, Bowel & Bladder management etc.

They were from 20 districts of Odisha and 2 other States ie West Bengal (Pachim & Purab Mednipur District) and chattisgarh (Korba District).

District Name	Nos.
Angul	3
Balasore	1
Baragarh	1
Bhadrak	1
Boudh	1
Cuttack	5
Deogarh	1
Dhenkanal	2
Ganjam	5
Jagatsingpur	1
Jajpur	1
Kalahandi	1
Kandamala	2
Kendrapara	1
Keonjhar	1
Khurda	16
Nayagarh	9
Puri	11
Sambalpur	1
Sundergarh	2
West Bengal	3
Chattisgarh	1



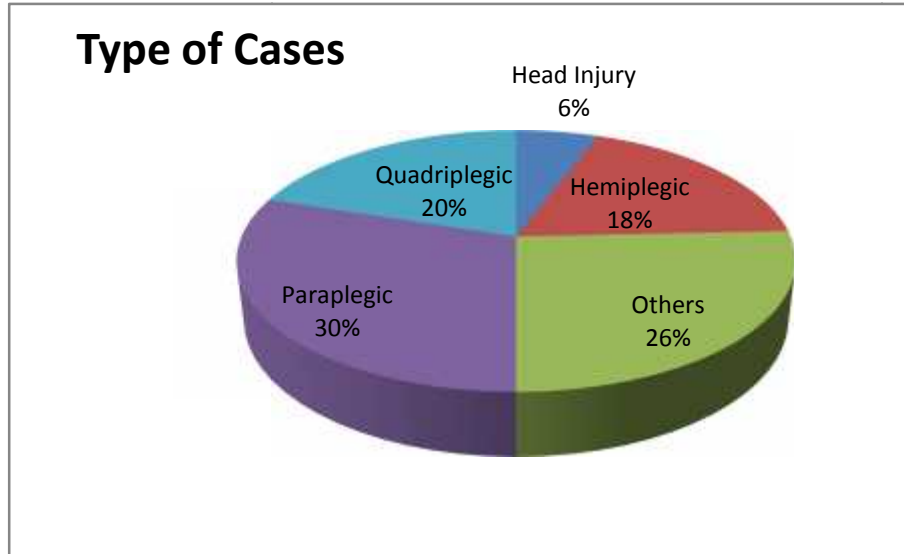
Map of Odisha with patients as per Districts

Age	Nos
0-15	5
16-30	18
31-45	17
46-60	16
61- above	14

Of the total 70, there were 31 trauma patients and 39 non trauma. In trauma there is quick recovery but also high mortality. Of these trauma victims as expected women were smaller in number, in trauma cases only 3 female received rehabilitation and 31 men. More men were involved in accidents. Non trauma there was less differentiation. Women's ratio was 14 to men's 25.

These 70 patients belonged to different age groups. The age grouping ranged from 6 yrs. to 80 yrs. as indicated in the table. It was seen that majority of the persons who were assisted were

between the age group 16 yrs. – 45 yrs. (53% - 51 nos.). The group that should be earning livelihood and contributing to the economy were disabled.

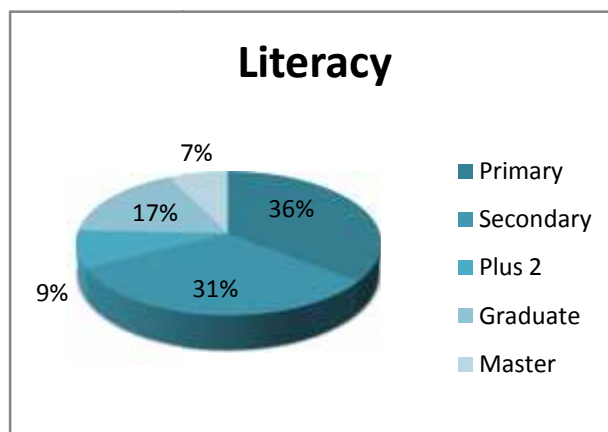


The persons who were rehabilitated had different levels of paralysis. 21 or 30% were Paraplegics (paralyzed below waist), 14 numbers or 20% were Tetraplegic (paralyzed in all four limbs). 19% were hemiplegic or paralysis of one side of body. Most of them had incurred head or spinal injury. Others included (Polio), Amputee, Multiple Disability etc. (18 nos. – 26%)

Type of Cases	Nos.
Head Injury	4
Hemiplegic	13
Others	18
Paraplegic	21
Quadriplegic	14

Most of those rehabilitated were the poorest of the poor. 71% were very poor and found it difficult to get two square meals a day and little high protein diet which most patients require especially if they have pressure sore for treatment or medicines. Only 29% were slightly well off which was basically they were settled in life and had some type of fixed income etc.

The literacy level of these who were rehabilitated were as below:





It was seen that among the 70 persons 56nos were employed in different occupations such as daily labour, farming, teaching, engineer etc. After rehabilitation 11nos have gone back to their work. The rest are still yet to go back to their livelihood. They are being counseled as they believe they cannot do anything anymore.

### **Outdoor Services**

The outdoor services includes therapy both passive and electric were 255 nos. underwent approx 4388 sessions during the year.



### **ADL TRAINING**



ADL was provided to persons mostly those with severe disabilities. Severity of disability is known by the permanency of disability, by the extent of disability (Paraplegic or tetraplegic), complications. ADL training included therapy to strengthen muscles, living an independent life by learning to transfer to wheelchair, bed, carry out catheterization, pressure sore and disreflexia management.

### **Carer/ Personal Attendant Training :**

111 carers were trained. Some have even more than two or four as they sometime change their carers after sometime in this case training is provided to larger numbers than expected. Carer training includes assistance in ADL training, social inclusion and counseling.

Sports Therapy and cultural inclusion. Birthdays and religious festivals were celebrated which are part of the life of a person to prepare them on inclusion in the life of the community after accident.



### **Aids & Appliance**

State Bank of India (Regional College of education Branch) gave 8 wheelchairs to 8 persons who were spinal cord injured. They also gave 3 stretcher trolley to be

used at the centre in the presence of Shri Santosh Ku. Mohaptra, (SBI) and Shri Priyadarshani Mishra MLA (Bhubaneswar North) on 31.03.2016



### **Training for professionals as personal attendants**

During the period 201 personnel have been trained. Initially theory class is done after which hands on training on how to manage a person with severe disability is given.





## **Building the Capacity of Women with Disabilities in India Promoting the Right to Health and Advancing Zero Tolerance for Violence**

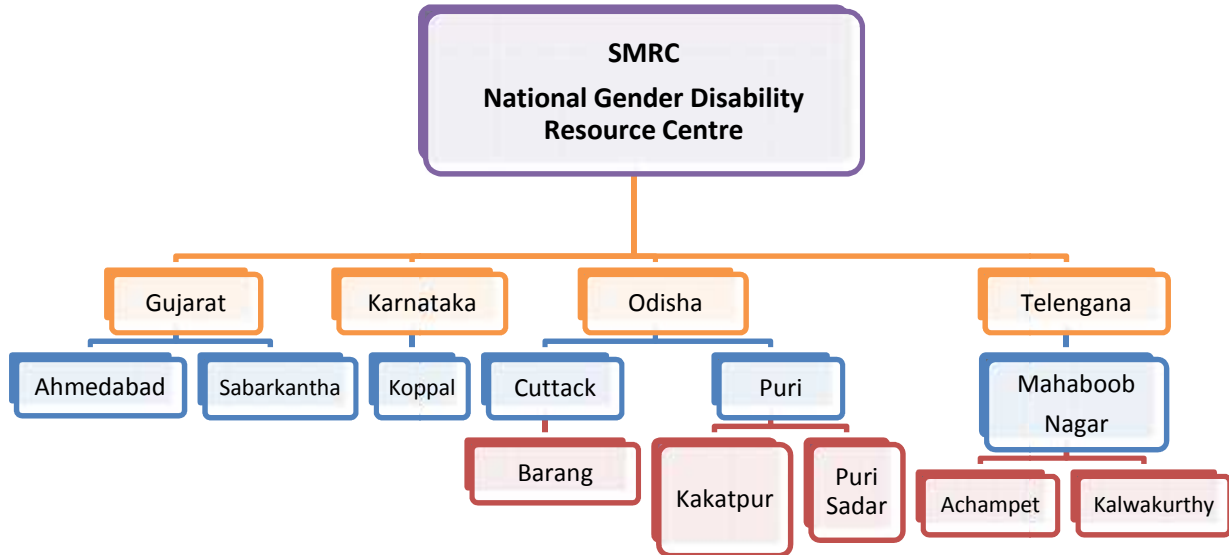
This two-year project ***Building the Capacity of Women with Disabilities in India: Promoting the Right to Health and Advancing Zero Tolerance for Violence***, supported by USAID promotes greater rights & inclusion of Women with Disabilities.

The goal of the project is to support & facilitate the agency, empowerment & inclusion of Indian Women with Disabilities. Taking a multi-disciplinary approach to capacity building, the project will leverage existing resources and provide additional training to promote the self-sufficiency of Women with Disabilities, critical services such as access to health & protection against violence, abuse and their ability to advocate for their rights and inclusion.



## PROJECT AREA

We have established four State Gender Disability Resource Centres in the following states:



The National Gender Resource centre was established at Bhubaneswar on 9<sup>th</sup> January 2015. It was inaugurated by Priyadarshi Mishra MLA Bhubaneswar (North). Ms.Chumki Dutta & Mr. Tapan Banerjee were present. State Resource Centers: Four Gender Disability Resource Centers have been established at Ahmadabad, Bangalore, Bhubaneswar and Hyderabad. In Hyderabad Asmita Resource Centre for Women, in Gujarat Nita Panchal and in Karnataka CBR South Asia Network are contributing to the removal of violence from the lives of women with disabilities and make health accessible to them.

Workshops conducted under the programme at State Level :

State Centre Name	Capacity Building Workshop	Training to local DPOs	ASHA Karmi Workers Awareness Program	Protection Officer Awareness Program
<b>No. of Workshops</b>	<b>33</b>	<b>4</b>	<b>4</b>	<b>4</b>
<b>Gujarat</b>	252	48	47	35
<b>Karnataka</b>	365	35	60	31
<b>Odisha</b>	261	23	50	29
<b>Telengana</b>	328	66	44	26



## **Ekta Saroha of USAID visits Odisha GDRC:**

Ekta came to Odisha on 15<sup>th</sup> April and she visited our office where she met Asha Hans, Reena Mohanty and other USAID Project staff. They discussed about the program. She met some women with disabilities from Cuttack district.



The next day Ekta went to Chandanpur to interact with few Women with Disabilities. There she first met Minati Panda, who is a woman with speech and hearing impairment. Minati used to do good paintings before her marriage and now also she has the expertise. But the only thing is she does not have resources to show her painting skills. She wants to earn livelihood for her son. Ekta told her to keep patience and to start painting so that she

would be able to earn some money to support her parents and bring up her son.

Then Ekta went to Chalisbatia where Binata Rana lives. Binata is a trans-gender with visual impairment. She was not willing to share anything in front of her family so she took us to show her garden. She is the General Secretary of a Self Help Group of Persons with Disabilities of her locality. She works in the cow shed



of neighbors and earns money for herself.



After that Ekta met Jhuna Swain who lives in Muradpur. She has locomotor disability. Now she is staying with her daughter and son near her parents' house and helping her brother in cultivating green chilies, lady's finger and brinjal. Her brother supports her in

marketing those vegetables. She wants to buy a cow and start milk supply business to get good money out of that.

## **Tamara and Dave Visit to Telangana :**



Tamara Shaya and Dave Cooper visited the project area in Telangana on 13<sup>th</sup> and 14<sup>th</sup> May 2015. Tamara, Meeta and Dave went to Kalwakurthy on 13<sup>th</sup> May and they were accompanied by Reena Mohanty, Usha

Kiran and Lokapriya. They had come to take interviews of women with disabilities those who are trained in the capacity building workshops of this project. Zubeda is a woman with locomotor disability. She works in a tailor shop.

### **Human Rights Watch Collaboration**

Shanta Rao Barigga Head of Human Rights Watch Disability Unit New York visited to meet some of the women in the field to document cases who have filed their cases in the Court, after the amendment of the CRPC. This work is being followed up by Nidhi Goel consultant to HRW.

### **Workshop for Women with Disabilities on Social Media**



Shanta Memorial rehabilitation Centre organized a workshop for Women with Disabilities on Social Media on 26<sup>th</sup> August 2015 at Hotel Excellency, Bhubaneswar. About 22 Women with Disabilities from Bihar, Chattisgarh, Jharkhand, Maharashtra, Uttar Pradesh, Odisha, and West Bengal along with their escorts participated in the workshop. Dr. Minati Behera inaugurated the workshop and addressed the

participants. The inaugural session concluded after the esteemed guests on the podium released the publication, 'Promoting Rights of Women with Disabilities-Sharing Thoughts and Evidences.' The Technical session started with Amba Salelkar, Disability Rights Activist, Chennai on methods of Networking.

Japleen Kaur, CREA, Mumbai gave a very interesting insight in the different methods of using the social media to bring about a change and using it for mobilization and dissemination of information. She meticulously explained the minute details of the use of extensively popular social media like Facebook, WhatsApp and Twitter.

**Collaboration with UN Women:** "Orange day" was launched as part of the 16 days of activism against Gender Based Violence campaign on 25<sup>th</sup> November 2015 at India Gate, New Delhi in collaboration with UN Women. Before the event we prepared badges and also invited Hon'ble speaker of Lok Sabha, UN Country Director, and entire team of UN Women to the event. So on 25<sup>th</sup>



November the India Gate was lit up by orange and we disseminated message through various standees. This was for the first time the issue of accessibility and violence against Women with Disabilities were taken up in the 16 days of Activism against Gender Based Violence.



**National Consultation with National Commission for Women:** A national consultation was organized on 2<sup>nd</sup> December 2015 at Vigyan Bhawan, New Delhi. The focus of the consultation was on Women with Disabilities. Reena Mohanty talked about the major issues faced by Women with Disabilities. Recommendations were made for NCW follow up such as Public transport system, public toilets, accessible education system, retention of Girls with Disabilities and Women with Disabilities to get

technical education in IITs and IIMs.

### 16 Days of Activism against Gender Based Violence



25<sup>th</sup> November on International Day for Elimination of all kinds of violence against Women, SMRC had organized a lyrical play on the theme “End Violence against Women with Disabilities” at Sea Beach,



Saradha Bali, Raghurajpur village and Chandanpur Village of Puri district, Odisha. This was done in collaboration with a cultural group namely Chetabani.

About 8 members of the cultural group performed on the theme and made aware the public about how to get protection from domestic violence. More than 350 people watched the play. The audiences shared that violence against Women and Women with Disabilities is an offense. In our society men and women all have equal rights. Some of the villagers said that through the play they came to know about various forms of domestic violence faced by Women with Disabilities and also learn how to protect them from violence. Such events at grassroots level are really helpful.



The next day i.e. on 26<sup>th</sup> November 2015 one Human Chain was formed from Master Canteen to Lower PMG, Bhubaneswar expressing solidarity with Women with Disabilities. This saw participations from 300 people from Disabled People's Organizations (DPOs), National Alliance of Women's Organizations (NAWO) Odisha Chapter, All India Democratic Women's Association, Third Gender Welfare Trust, Shusrusa, NISWASS College, Rama Devi Women's University, B.J.B College, Utkal University, Kakatpur and Puri. They carried placards with ribbons and banners.



On 26<sup>th</sup> November, 2015 movie screening was conducted for 133 students of Government Degree College for Women, Begumpet by Telangana State Gender Disability Resource Centre. Three movies were shown to the students and followed by the screening of each film; the participants got an opportunity to discuss the films and put forward their views. To initiate the discussion, facilitators gave a briefing of the movies screened to the participants.



An Art Workshop cum Exhibition was organized by Shanta Memorial



Rehabilitation Centre on 27<sup>th</sup> November 2015 at Jaydev Bhawan, Bhubaneswar. 10 students from Utkal University of Culture had participated in the event. We held two competitions Poster Making and (b) T-shirt Painting on the theme "End Violence against Women with Disabilities". The exhibition was inaugurated by Ms. Sagarika (a Woman with Disability) in the presence of Shri Anant Narayan Jena (Hon'ble Mayor), Shri. Priyadarshi Mishra (Hon'ble MLA Bhubaneswar- North), Dr. Minati Behera (State Commissioner for Persons with Disabilities), Ms, Tapasi Praharaj (Eminent Social Activist). Later the guests distributed prizes and mementoes to the winners of the competitions. The Art Workshop



was visited by a huge crowd, mostly people who empathies with the cause of Women with Disabilities and want to do something to bring a change to their life. The Art Workshop in its colourful expressions, shared the dreams, vision and hope for the Women with Disabilities.

A poster making competition was held on 27th November 2015 for interested participants of Government Degree College, Begumpet. The theme of postermaking competition was “Gender based Discrimination” or “Violence on Women”. 43 participants took part in the event. The posters were judged by a panel from Asmita Resource Centre for Women and three prizes were distributed to the winners on December 10, 2015 - Human Rights Day in a programme organized by Asmita Resource Centre for Women.



On 30<sup>th</sup> November 2015 a movie screening and slogan competition was held at Utkal University, Bhubaneswar in collaboration with Department of Public Administration and School of Women’s Studies. A movie “Unheard Voices” was shown to the participants. The movie is about Women with Disabilities speaking on various type of violence faced by Women with Disabilities. This highlighted incidences of sexual violence on Women with Disabilities due to unavailability of accessible toilets. The movie also talks about how Girls and Women with Disabilities face double disadvantages because of their gender and disability. After the movie, interaction was held with the participants. Slogan competition was organized among the students and prizes were distributed to the winners by Lady Vice Chancellor. Posters on violence faced by Women with Disabilities were displayed over there.



An awareness programme was carried out on 2<sup>nd</sup> December at Lebageri village by Karnataka State Gender Disability Resource Centre. All the Higher, Primary Schools students, teachers and other community stake holders were involved in the program. During that day a Jatha was organized and went procession throughout the village with holding pla-cards. More than 160 students participated in the procession.

3<sup>rd</sup> December i.e. on International Day for Persons with Disabilities Gujarat State Gender Disability Resource Center organized a signature Campaign and submitted a memorandum to Collector. The Signature Campaign, attracted lot of attention of general public and all the stakeholders desiring to bring a change, in the attitude and life of people towards the Women with Disabilities. The placards displayed their demand for an Inclusive Society.



On 3<sup>rd</sup> December Telangana State Gender Disability Resource Center organized a rally of Persons with Disabilities at Achampet, to bring attention of general public as well as the Government functionaries, towards their demands and status in the society. The rally proceeded with slogans on rights of persons with disabilities. After the rally they hold a meeting with Government officials where Assistant Project Officer, Assistant Project

Manager (IKP) and Mandal Parishad Development Officer gave information on various government schemes for Persons with Disabilities. An interface between Protection Officer and Women with Disabilities was organized at Youth Hostel, Puri on 4<sup>th</sup> December 2015. At the end of the program two women also registered complaint with the protection officer and requested her to protect them from domestic violence.



On 5<sup>th</sup>December one awareness programme was conducted at Kinnal village of Koppal by Karnataka State Gender Disability Resource Centre. Total 140 children involved in Jatha programme with the slogans and created awareness about Women with Disabilities issues and Mahila SahayaVani.

Karnataka State Gender Disability Resource Centre conducted an awareness program on 7<sup>th</sup>December at Madinur village of Koppal. About 150 students, teachers and community members created awareness about problems faced by Women with Disabilities. After all these programmes the school teachers express that these programmes



were good and created awareness about issues of Women with Disabilities and many people became aware of the project activities and the benefits. The school students became aware of their responsibilities and assured to provide all the necessary support to Women with Disabilities.

**Odisha State Gender Disability Resource Centre** celebrated International Women's Day on 6<sup>th</sup> March 2016 as part of Raahgiri Day in Bhubaneswar. We had put up a stall where visitors gave their hand print and support our cause "End Violence against Women with



Disabilities". We had also provided a space to children for playing snakes



and ladders game and subsequently understand the barriers and opportunities for Women with Disabilities. More than 300 visitors had come to our stall and took part in different activities. Shri Prassana Patsani, Hon'ble Member of Parliament, Lok Sabha also

visited our stall and appreciated the initiative.

On International Women's Day, 8<sup>th</sup> March 2016 **Gujarat State Gender Disability Resource Centre** in collaboration with Government of Gujarat distributed 300 packets of sanitary napkins to more than 100 Women with Disabilities.



### **Livelihood Support :**

State Gender Disability Resource Centre distributed livelihood support to Women with Disabilities in all the four states. Around 149 have been supported in different trades ie. Tailoring, Petty Shop, Food processor (grinding machine), Craft work, Beauty Parlor kit etc. The tribal women have been given Sheep, lamb etc. After livelihood support these women have become independent and are now being respected in their families. The level of



violence has also reduced. Some of the women who were educated after the Capacity Building program they have been able to apply for jobs and some have succeeded to get government jobs as per their qualification.



### **Disaster and Disability**

SMRC continued its campaign work on inclusion of disaster in disability started by Ashok

SMRC participated in the World Humanitarian Summit in Turkey as part of its work on Disaster and Disability.

Asha Hans was invited to be a member of the International Task Force on Disaster and Climate Change

An article on Migration, Children and Disability requested by the UN was submitted and is available on the net.

### **Partnership with Handicap International**

The partnership continued with links to their programmes on Disaster and Disability and Rehabilitation.



## Conferences, Workshops and Advocacy

### Meeting on Institutions for children and persons with disabilities :

Reena Mohanty, the Program Manager of this project has attended a two days brainstorming meeting on Institutions for children and persons with disabilities : Thinking Alternatives from 14<sup>th</sup> to 15<sup>th</sup> April 2015 in New Delhi. It was an important think tank effort to look at safety of children in institutions. Further efforts will be made to carry out the mandate of the meeting. This meeting was organized by AARTH – ASTHA.



**Prof Asha Hans Executive Vice President of SMRC** presented a paper at the Commission of Status of Women in the United Nations on SDGs and Disability Goals 5 and 10. The panel was set up by Stephnaie Ortoleva of Women Enabled International Washington DC.

She also presented a paper on Climate Change at the IPE organized meeting in CSW New York

SMRC Executive Vice President also represented at the Delhi meeting for discussion on the status of women with disabilities and how they can be included for funding.

Lokapriya Kanungo National Coordinator attended a 2 days training workshop on making 1 minute videos which was organized by USAID.

Staff of SMRC participated in many of the local workshops.

Asha Hans continued to be the Vice President of Indian Red Cross (Odisha Branch)

Social Media is being used extensively in the form of face book, blogs, twitter and instagram

Besides the SMRC web page we also run the women with disabilities India Network web page

**SMRC provided** input into many of the National Laws including the Draft Disability Law 2012, the National Women's Policy,

### Research

As a research and development centre we continued work in this field. A new book Gender Disability and Trajectories of Power was published by Sage.



## **New Programmes**

1. The Commonwealth Foundation has granted a new two year national level programme on preparing a shadow report on the UNCRPD.
2. We have also applied to ONGC for a building
3. Women Enabled International and SMRC will be producing the Universal Periodic India Report for presentation to the Human Rights Council in Geneva in September 2017
4. Govt. of Odisha has agreed to provide ID cards, skill training and livelihood to our project recipients in Puri District
5. Discussions are on with Govt of Odisha to issue ID cards to our patients within SMRC and also do the Identification with them in camps across Odisha

## **Conclusion**

The staff of the organization along with your guidance and support from its senior management has carried on its work to the best of its capabilities. They will with your blessings carry it forward to fulfill and carry on Ashok's dream in the coming years.

Let us together congratulate the staff of your organization for the hard work they have put in during not only this year but in the last many years. Many of them have been with us since the early nineties and shows their loyalty and dedication to SMRC and to the field of disability in general.

Our appreciation to the donors, and the collaboration partners, local sponsors and the media for giving our programs wide coverage and support.

I thank the Executive Board and the Advisory Committee for your continued support, which has helped the organization to move forward.

I now place the Annual & Audit Report for the FY 2015 – 2016 for discussion and its passage by the board.

Asha Hans  
Executive Vice President